

Refer your patients to a *registered dietitian* covered by their insurance.

Evidence-based medical nutrition therapy.
Specialized in diabetes, prediabetes and metabolic health.



MEET OUR TEAM OF SPECIALIST RDs

- Clinician-owned
- Culturally humble
- Bilingual EN / ES

15K+

Patient visits completed

-1%

Avg A1c reduction in T2D sustained at 12 months

50%

Spanish-speaking providers on the team

99%

of prediabetes patients don't progress to T2D while in our care

WHO TO REFER

- Type 2 diabetes
- Prediabetes
- Type 1 diabetes
- PCOS
- Metabolic syndrome
- Insulin resistance
- Gestational diabetes (GDM)
- LADA
- High Cholesterol / Hyperlipidemia

HOW IT WORKS

1

Send referral by fax to: 844-572-0001

Include diagnosis, meds, relevant labs, and insurance info + most recent PCP visit note (if possible).

2

Patient hears from us in 2-3 days

We verify insurance, confirm eligibility, and schedule the first appointment.

3

50-minute weekly sessions

1:1 with a specialist RD, no rushed visits, real behavior change.

4

Providers stay in the loop

We coordinate care and share clinical updates on patient progress.



The registered dietitians at Diabetes Digital have been incredible partners in caring for my patients. Their compassionate, culturally humble approach consistently leaves patients feeling supported and empowered.

DR. ERICA WADAS, MD · Foothills Direct Primary Care

FAX REFERRALS TO

844-572-0001

Include: visit note · PMH / diagnosis · current medications · relevant labs · insurance
NPI: 1487331328

PHONE

415-651-4333

EMAIL

jessica@diabetesdigital.co

WEB

diabetesdigital.co/refer

ACCEPTED INSURANCE

Aetna

Alameda Alliance

Anthem BCBS

Cigna

UHC

Humana

Health Net

Medicare (DM & CKD Only)